



20 Outdoor Activities



1. **Nature Scavenger Hunt:** Create a list of items for your toddler to find in nature, such as leaves, rocks, or flowers.
2. **Sidewalk Chalk Art:** Let your toddler get creative with sidewalk chalk and decorate the driveway or sidewalk.
3. **Water Play:** Set up a small kiddie pool, water table, or sprinkler for your toddler to splash around in.
4. **Picnic:** Pack a picnic and head to a local park or even your backyard for a fun outdoor meal.
5. **Bubbles:** Blow bubbles and let your toddler chase and pop them.
6. **Nature Walk:** Take a leisurely walk in nature, pointing out different plants, animals, and insects along the way.
7. **Outdoor Art:** Provide paper and washable paints for your toddler to create outdoor masterpieces.
8. **Sand Play:** If you have access to a sandbox or beach, let your toddler dig, build, and explore in the sand.
9. **Obstacle Course:** Set up a simple obstacle course using items like cones, hula hoops, and ropes for your toddler to navigate.
10. **Gardening:** Involve your toddler in simple gardening tasks like planting seeds or watering plants.
11. **Bug Hunt:** Look for insects in your backyard or local park and talk about them with your toddler.
12. **Sensory Bins:** Create a sensory bin filled with items like rice, beans, or water for your toddler to explore with their hands.
13. **Outdoor Music:** Provide pots, pans, and wooden spoons for your toddler to make music outdoors.
14. **Animal Watching:** Visit a local farm, zoo, or nature reserve to observe and learn about animals.
15. **Outdoor Reading:** Set up a cozy outdoor reading nook with cushions and books for your toddler to enjoy.
16. **Balloon Play:** Play with balloons outdoors, either batting them around or trying to keep them in the air.
17. **Nature Art:** Use natural materials like leaves, sticks, and flowers to create art outdoors.
18. **Bubble Wrap Stomp:** Lay out a sheet of bubble wrap and let your toddler stomp on it to hear the satisfying popping sounds.
19. **Shadow Play:** Use the sun to create shadows and play games like making shadow animals.
20. **Bird Feeding:** Hang a bird feeder in your yard and watch together as birds come to feed.

Little ones should always be supervised when playing.